

RECOMMENDATIONS:

Take 2-4 twice a day.

KEEP OUT OF THE REACH OF CHILDREN

This product contains no yeast, wheat, salt, dairy products, artificial colorings, flavorings or preservatives.

Store in a cool dry place.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Lot# N006A

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Innovative Medicine

MULTI-4

120 Capsules

A Dietary Supplement

Supplement Facts

Serving Size Four (4) Capsules
Servings Per Container 30

Amount Per Serving	%Daily Value
Vitamin A (100% as beta carotene)	15,000IU 300%
Vitamin C (as magnesium ascorbate)	1,200mg 2,000%
Vitamin D3 (cholecalciferol)	5,000IU 1,250%
Vitamin E (e-mixed tocopherals)	50IU 167%
Vitamin K2 (menaquinone)	50mcg 63%
Thiamine (as thiamine mononitrate)	75mg 5,000%
Riboflavin	75mg 4,412%
Niacinamide	75mg 375%
Vitamin B6 (pyridoxine hcl)	75mg 3,750%
Folate (as folic acid)	500mcg 125%
Vitamin B12 (as cyanocobalamin)	1,000mcg 16,667%
Biotin USP	1,000mcg 333%
Pantothenic Acid	75mg 750%
Iodine	12,000mcg 8,000%
(as potassium iodide rice chelate)	6,000mcg
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Magnesium	
(as magnesium oxide ascorbate)	400mg 100%
Zinc (as zinc oxide citrate)	15mg 100%
Selenium	
(as sodium selenite rice/soy chelate)	200mcg 286%
Copper (as copper hydroxide citrate)	1mg 50%
Manganese (as manganese carbonate citrate) 5mg	250%
Chromium (as chromium picolinate)	1,000mcg 833%
Molybdenum	
(as sodium molybdenum rice chelate)	100mcg 133%
Aztec Marigold (flower) (5% Lutein)	120mg **
Tomato (fruit) (20% Lycopene)	20mg **
Boron (as boric acid citrate)	2mg **
Vanadium (as vanadyl sulfate)	3mg **
Haematococcus pluvialis (whole) (2% Astaxanthin)	1mg **

**Daily Value not established.

Other Ingredients: Beta-cyclodextrin, dicalcium phosphate, hydro-mellose, corn starch-coated matrix of modified food starch, glucose syrup, sucrose, dl-a-tocopherol, sodium ascorbate, gelatin, dextrine, antioxidant (vitamins E and C), citric acid, rice protein, purified water, chromium chloride, sodium hydroxide, silicon dioxide, gum acacia, capsule (gelatin, purified water). Contains soy.