

12/15/2014 D.B...  
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Kokomo, IN 46901  
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Dear Fellow sufferer,

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My name is D..... B..... and I am a patient of Dr. Turner and Innovative Medicine in Lafayette Indiana. I am 28 years old and I am seeing Dr. Turner for pain management. I have been taking suboxone for close to 4 years and I am about to tell you why I prefer that over the alternative pain medicines that are available. First I should share with you how I came to be a 28 year old pain management patient.

When I was 13 years old I was racing quads (4 wheelers) and doing off road events, it was my passion. I was also very into boxing, basketball, and wrestling. I loved extreme sports and pushing myself to the limit to see what I was capable of doing. I thought that one day I would be a professional athlete and that my name would be a household name. I wanted to do great things with my life and I focused most of my childhood on being the best athlete I can be. I would say that boxing was my biggest passion. I always wanted to be the next Mike Tyson (minus going crazy and biting people's ears off and going to prison for rape). I had a lot of potential and I was on my way to becoming a very skilled boxer when I was 13 years old. My father and I rode quads in the woods by our house, along an old rain road bed. I was 14 years old when my life changed forever and a normal evening of riding quads turned into something a lot more than I could have ever imagined. I was going over a little hill that brought you back onto the railroad, which is also the main path in and out of the trails, and I decided I wanted to jump the hill like I had done 100 times before. I gave it a little too much gas and went off the jump at a weird angle. When I did, I ended up hitting a small tree that acted like a sling shot with me as the rock. It flung my quad and threw me off; I ended up landing on the railroad iron with my tailbone breaking my fall.

That is what has caused my life to change forever. No longer can I push my body to do the things it used to. I am in pain every day of my life now and it's only gotten worse since I was a kid. Not only can I not compete in sports anymore, I can't even sit down for a long period of time or my back is killing me. I have been on about every pain medicine you can think of taking. As an adult, I spent most of my time having no health Insurance. As a result, I have had to find cheap alternatives to manage the pain in my

**\*Individual Results May Vary**

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lower back. I went to the methadone clinic for over a year until I realized that I am becoming a zombie. I looked around at the people in the waiting room and I said to myself, this isn't me. I won't let my life go this way one more day. The people in here smell, they have no teeth, they are constantly talking about drugs and their drug stories. I am in the wrong place for treatment because I'm not a drug addict. I found a Dr. (or what I thought was a Dr.) here in Kokomo and started going to see Dr. Larry Ley. I was a patient of Mr. Ley for about a year before I found out about Innovative Medicine in Lafayette. Mr. Ley never gave me a drug screen, never took my blood and never even checked my pulse. I felt like I was at another version of the methadone clinic and again, that's not what I'm looking for, but without insurance my options are slim. I finally got insurance in April of 2014, before that I had only had Medicaid off and on for a short period of time. Now I am getting the level of care that I needed 14 years ago. I am not treated like a drug addict and I am finding out about new ways to deal with the pain I've had over half of my life.

Suboxone has worked wonders in my life for pain management. My quality of life has never been so good since the day that changed my life forever. Suboxone is great for my pain and it still allows me to function during the day and not be groggy or dozing off during the day. I am a hardworking father of 4 kids. I may have a choice when it comes to training and playing sports, but when it comes to work, I have no choice. I have to work and my body hates me for it. With suboxone I am able to push through the pain and I am not going to take too much and become impaired or unable to perform the way I need to. There is no buzz or euphoric effect from taking this medication which is why I'm still not able to comprehend why people would chose suboxone to abuse. This drug has made it possible for me to deal with my pain and not have to deal with being impaired like I would be from taking other pain medicines. I don't understand why suboxone doctors are being targeted and why suboxone is looked at as a problem but obviously someone has been misinformed. This is a drug that can be used for pain management and opiate dependency and yet has no euphoric effects and is almost impossible to overdose on. To me, that tells me that more patients and doctors should look into suboxone as an alternative to heavy narcotics and painkillers. Maybe the quality of life for other patients can improve the way mine has if more people are introduced to suboxone as an alternative. I have never been happier or in better physical shape than I have been since I have, been seeing Dr. Turner at Innovative Medicine. If I wanted to get a "buzz" or live my life like a drug addict, I could very easily do that and be put back on methadone. I am living proof of the benefits of suboxone for pain management and more and more people are becoming aware of this. Thank you for your time and I hope that my story can help our government see how great a person's life can be if the proper treatment is available to pain management patients.

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My life isn't what I thought it would be when I was a kid. No child looks ahead to their future and says "I'm going to be in pain every day and that's going to keep me from reaching my dreams". I never wanted this to be my life, but it is. The good thing for me is that I don't have to live like a drug addict and I don't have to live like a zombie while I try to be a father to my kids. So many kids grow up seeing their parents nod off and talk nonsense because of the amount of pain medicine their parents have to take to be comfortable. Now that there is some proof of the effects of suboxone on pain management patients, maybe we can give these kids a second chance at having their parents be a productive part of their lives. I would never be the person or father I am today if I had to take a handful of painkillers every few hours to be comfortable. Thankfully, Dr. Turner has made it possible for me to take an alternative route and have a great quality of life. After all, isn't the pursuit of happiness still part of what makes this country great?

Sincerely,

D.....I A..... B.....n

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