

**RECOMMENDATIONS:**

Take 2-4 twice a day.

**KEEP OUT OF THE REACH OF CHILDREN**

This product contains no yeast, wheat, corn, salt, sugar, dairy products, artificial colorings, flavorings or preservatives.

Store in a cool dry place.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

**Distributed by:**

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**Innovative Medicine**
**MULTI-4****120 Capsules**

A Dietary Supplement

**Supplement Facts**

Serving Size: Four (4) Capsules

Amount Per Serving	%US Daily Value
Vitamin D3(Cholecalciferol).....	5,000IU 1,250%
Vitamin K2.....	12.5mcg 15.6%
Vitamin B1(Thiamine).....	75mg 5,000%
Vitamin B2(Riboflavin).....	75mg 4,411%
Niacinamide.....	75mg 375%
Pantothenic Acid.....	75mg 750%
Vitamin B6 (Pyridoxine HCL).....	75mg 3,750%
Vitamin B12.....	1mg 16,667%
Folic Acid.....	500mcg 125%
Biotin.....	1mg 334%
Magnesium Ascorbate.....	400mg 100%
Vitamin C from Magnesium Ascorbate.....	1,200mg 2,000%
Iodine (Potassium Iodine).....	6mg 4,000%
Iodine (Potassium Iodide).....	6mg 4,000%
Zinc Citrate.....	15mg 100%
Selenium Aspartate.....	200mcg 285%
Copper Citrate.....	1mg 50%
Manganese Citrate.....	5mg 250%
Chromium Picolinate.....	1mg 833%
Molybdenum Chelate.....	100mcg 134%
Lutein.....	6mg **
Lycopene.....	4mg **
Boron Citrate.....	2mg **
Vanadyl Sulfate.....	3mg **
E-Mixed Tocopherals.....	50IU 167%
Astaxanthin.....	1mg **
Beta Carotene.....	15,000IU **

\*\* No US Daily Value has been established

Other Ingredients: Gelatin. **Lot# J013A**